## effervescent traveler

written in French as «effeverscente voyageuse...»

podiatry practice- Lausanne September 2019

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Did you know that before the end of the fifteenth century, Champagne wines were still wines? That's what we call wines that don't have a buzz. How sad! But fortunately, a general refreshment, a "little ice age", arrived at that time in the northern hemisphere. The winter, which had become too cool, prevented the alcoholic fermentation of Champagne wine. It resumed in the spring, but this break of a few months created a slight effervescence: Champagne and the foaming were born and I with it!



me?

I am a champagne bubble, light and vibrant that makes the world and people sparkling. I may be small and discreet, but I am nonetheless a damn great lady because I am famous: in the four corners of the world, I am the ultimate icon of party and celebration.

At the risk of making me foam, I tell you, I am fa-bu-lous, a real star!

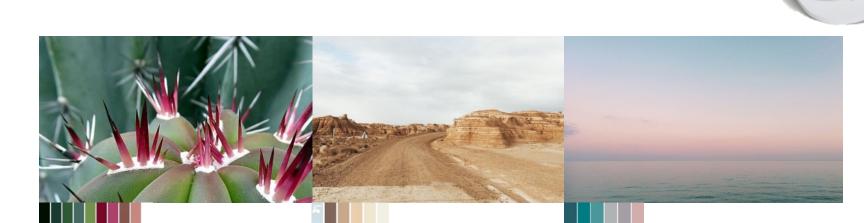


Besides, I, the adventurer who does not hold up - have you ever seen a bubble that stops stirring? - I went around the world and everywhere I sparkled and turned heads. I felt the energies of these elsewhere, their mysteries, I accompanied the local culinary specialties, celebrated customs and traditions, danced to world music, watered costumes and folklores, I laughed, I cried, I loved.





I have crossed tropical rainforests, arid deserts and sailed oceans.



I walked beautiful beaches, very light in my flip-flops, my toes in bouquets of viole

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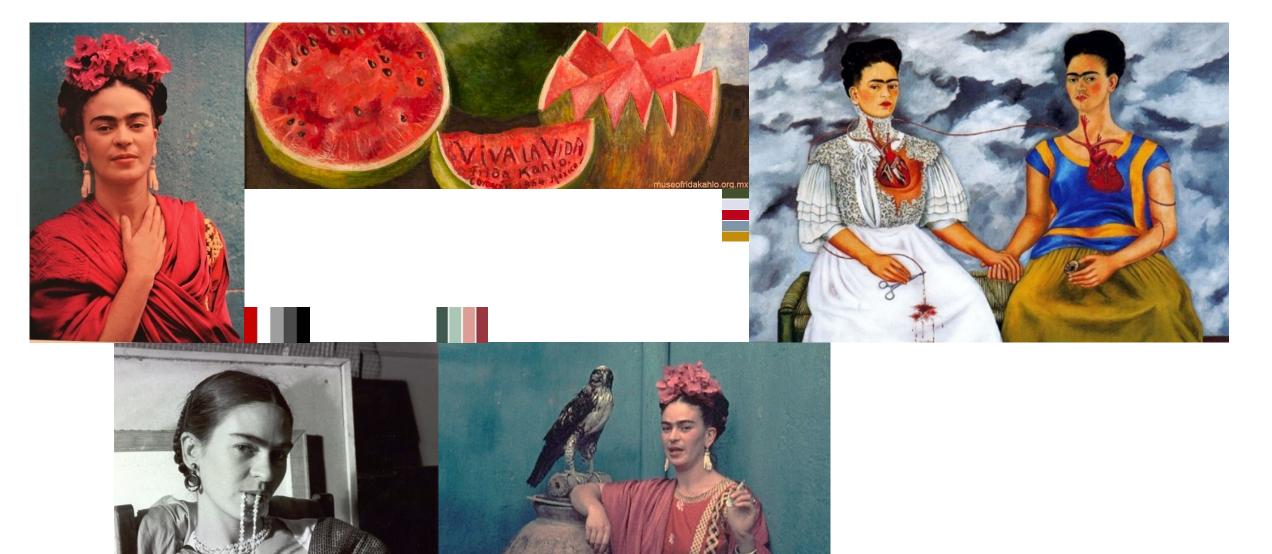
From my travels I brought back images and colors in my sloes but I remained raw, unvarnished, because it is my essence, my way, my voice of Champagne bubble born French.

Besides, a simple picnic "bread-cheese" with me, in our latitudes, c'est le pied! as French say.

Speaking of feet, I walked life, walked the world, a little a lot but above all passionately.



Passion is my effervescence. Like my favorite painter, Frida Kahlo who I met when I was sparkling in Mexico, I am an impulsive. My heart of little bubble beats round beats franc beats raw. Boom boom and that's all.



My "home", my crystal tower, is bathed in light.

At home, I share the colors and images of the world I have traveled, the plants and flowers I have breathed, the thoughts from here or elsewhere that I have read or heard, the objects brought back, the energies of the world that I still have in me. Nomadic and bohemian, my interior swirls styles, eras, origins. The eclecticism of my décor transports the visitor elsewhere in a plop!

When you come to my house, you leave different, lighter on your feet as after a holiday in the sun, lighter in your head, as after a glass of Champagne.

When you come to my house, you leave effervescent...



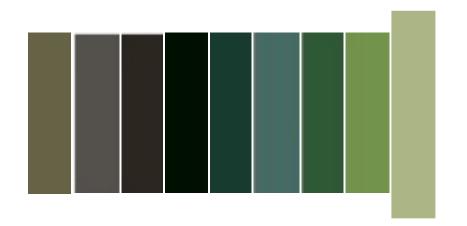
«Start the day with a smile and finish it with a glass of Champagne»



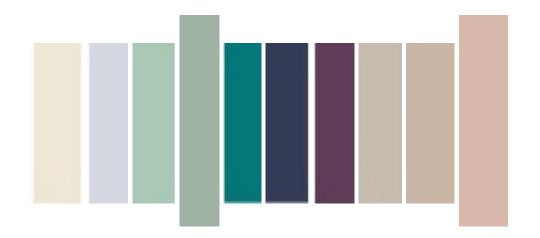
## effervescent traveler

in practice

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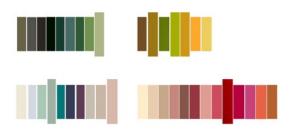
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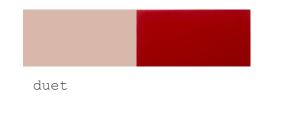
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The "Pompei red" already predominates in the decoration of the cabinet, with three Chinese furniture lacquered in this tone.



Small music lesson: according to the Japanese Sanzo Wanda, the "Pompei red" is perfectly tuned as a duet with cameo pink, in trio with sage blue and orange citrine and finally in quartet associated with greenish, cream yellow and light green-yellow. As if by magic, these colors appear in the chromatic scales from the illustrations of our little story.









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The materials to be preferred are colorful and rustic textiles, embroidery, weaving, old thick cottons tinted naturally and velvets patinated by time and use; braided straw, hemp or rattan, brass and aged leather.

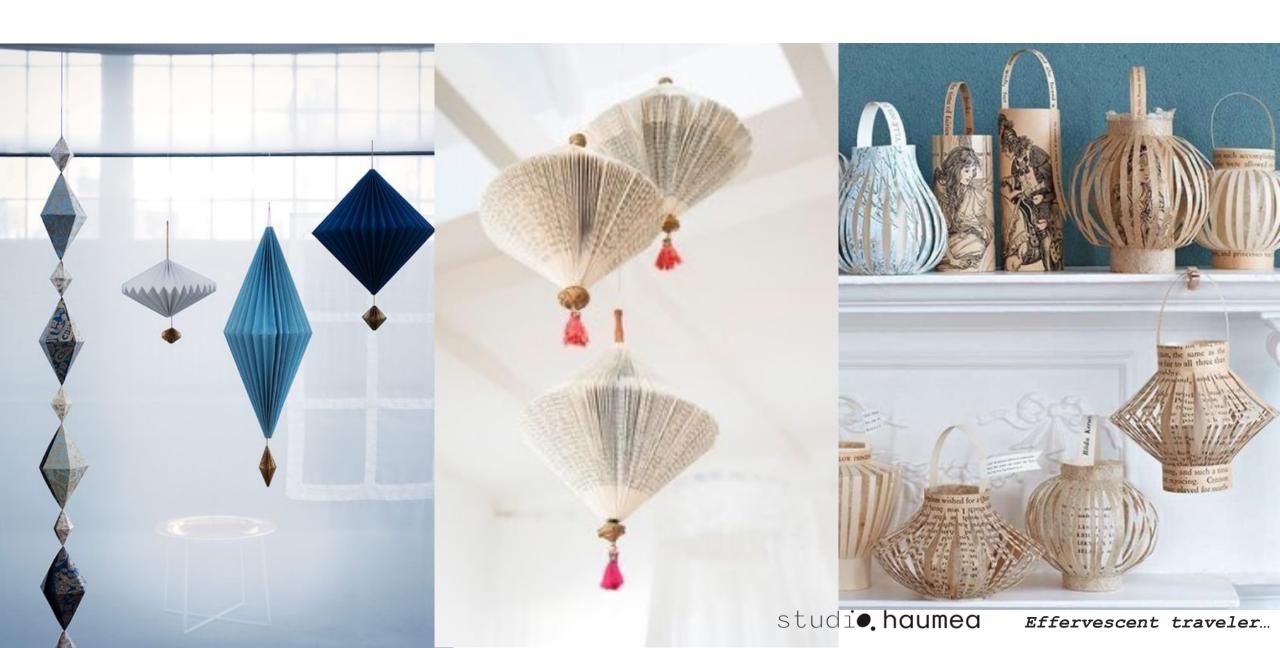
Wood of course, exotic or from here, but textured raw, as opposed to red lacquered Chinese furniture.

Few industrial elements but rather craftsmanship, the unique piece, the long-term object or something that gives the impression of coming from afar.

In order to give a warm atmosphere that invites relaxation and care, it is necessary to "make disappear" the "robotic" forms of the podiatry chair. Perhaps put an embroidered velvet cushion that the patient can hold on his or her belly during the treatment or place on a small coffee table made of mango wood (which will hide the cables and sockets), near his or her glass of water (hunted at the flea market) and his or her mobile phone.



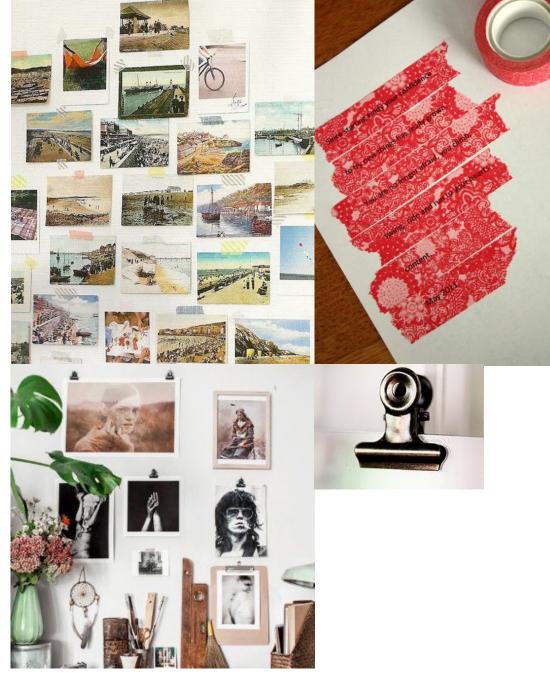
Invite the gaze upwards with a light paper mobile or a few lanterns, which will mask the neon grids.



Let in the light, but why not, for the warm side, a white linen veil at the window for privacy.



On the walls or on the doors of cabinets, photos of trips, real ones, not those of others, souvenirs, in vintage frames or not, hung with vintage metal paper clips or taped with a washi tape.



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Instead of the mirror above the sink, an old mirror on which we can fix or even write with white felt, thoughts, wisdoms read and that we want to share. Or customize the mirror with a wooden frame or bohemian fringes to give it a style.

Objects: vases with flowers, real ones (or fake ones made of fabric or paper) to recall Frida Kahlo's wreath of flowers, fans available for summer heat, a jug of water and vintage glasses on an exotic wooden platter that can serve as a coffee table.



On the floor, a bohemian round carpet in braided natural sisal. Or a vintage wool carpet. A solid heavy carpet that does not slip and in which we do not stumble. Or nothing because the parquet is beautiful.











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And green plants. In eclectic pots, dented, funny, painted, shaped like faces, of all sizes. With these characters thus created, with crazy hair, the cabinet lives even on weekends, even on non-working days. Choose succulent plants essentially that require little care, that "photosynthesize" exoticism and sometimes bloom these wildly incredible flowers that only cacti know how to bloom!







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Inspirations...



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